

## BASEBALL

Varsity ..... Bob Dunahue [robertdunahue@yahoo.com](mailto:robertdunahue@yahoo.com)  
 Assistant ..... Mike Freedline  
 Jr Varsity ..... Jesse Stewart [jstewart@charter.net](mailto:jstewart@charter.net)  
 Freshman ..... Barry Morrison

## BASKETBALL (Boys)

Varsity ..... Mark Wright  
 Asst ..... Larry Green  
 Jr Varsity ..... OPEN  
 Freshman ..... Mike Bevell [ambush52@gmail.com](mailto:ambush52@gmail.com)

## BASKETBALL (Girls)

Varsity ..... Danielle Rampley  
 Assistant ..... Ron Lefcourt [courtcoach@yahoo.com](mailto:courtcoach@yahoo.com)  
 Jr. Varsity ..... Ashley Wiedner [alwiedner@gmail.com](mailto:alwiedner@gmail.com)  
 Freshman ..... Arty Johnson [artyj21@gmail.com](mailto:artyj21@gmail.com)

## CROSS COUNTRY

Head Coach ..... Kim Martin  
 Assistants ..... Sean Fowler, Keelin Russell

## FOOTBALL

Head Coach ..... Brett Bevell  
 Assistants ..... Arty Johnson, Ryan Darks, Mike Castro,  
 Mike Bevell, Adam Maxey, Matt Couch, Eric Eubank

## GOLF (Boys)

Asst ..... Chris Witthaus

## GOLF (Girls)

Asst ..... Donna Malkmus

## LACROSSE (Girls)

Assistant ..... Breanna O'Brien [breobrien10@gmail.com](mailto:breobrien10@gmail.com)  
 Assistant ..... OPEN

## SOCCER (Boys)

Varsity ..... Larry Scheller  
 Assistant ..... Zach Fettig  
 Jr. Varsity ..... Mark Olwig  
 Freshman ..... Tara Beveridge

## SOCCER (Girls)

Varsity ..... Mark Olwig  
 Assistant ..... Zach Fettig  
 Jr Varsity ..... OPEN  
 Freshman ..... Tara Beveridge

## SOFTBALL

Varsity ..... Bob Dunahue [robertdunahue@yahoo.com](mailto:robertdunahue@yahoo.com)  
 Assistant ..... Mike Freedline  
 Jr Varsity ..... Steve Moorman  
 Freshman ..... Jesse Stewart [jstewart@charter.net](mailto:jstewart@charter.net)

## SWIM (Boys)

Asst ..... Doug VanHorn  
 Diving ..... David Nielson

## SWIM (Girls)

Asst ..... Chris Palladino  
 Diving ..... David Nielson

## TENNIS (Girls/Boys)

Assistant ..... Jean Varker

## TRACK (Boys/Girls)

Assistants: ..... Mike Castro, Reed Lunsford,  
 ..... Arty Johnson, Jasmine Boyer, Jacob Kent

## VOLLEYBALL (Boys)

Varsity ..... Robin Yuede  
 Assistant ..... OPEN  
 Jr. Varsity ..... Hannah Laws  
 Freshman ..... Kent Stover

## VOLLEYBALL (Girls)

Varsity ..... Kent Stover  
 Assistant ..... Mark Johnson [majohnson446@hotmail.com](mailto:majohnson446@hotmail.com)  
 Jr. Varsity ..... Stoney Rae Harris  
 Freshman ..... Danielle Daganais [danielle\\_dagenais@yahoo.com](mailto:danielle_dagenais@yahoo.com)

## WRESTLING

Varsity ..... Chris Brown      Girls Head .....  
 Assistant ..... Sean Fowler      Girls Asst .....  
 Jr. Varsity ..... OPEN  
 Freshman ..... OPEN

## CHEERLEADERS

Assistant  
 Jr. Varsity

## DANCE

Assistant  
 Jr Varsity

## BAND (Marching/Jazz/Winter)

Assistant  
 Color Guard/Winter Guard

## CHOIR/Vocal Music

## Anime Manga Fan Club

### Class Officers:

Senior Class Rep  
 Junior Class Rep  
 Sophomore Class Rep  
 Freshman Class Rep

## Chess Club

## Computer Science Club

## Cultural Diversity

## Curling Club

## DECA - An Association of

Marketing Students

## Drama Club

Assistant

## E-Sports

## Ecology Club

## Fashion Club

## FBLA - Future Business Leaders of America

## FCCLA - Family, Career,

Community Leaders of America

## Fellowship of Christian Athletes (FCA)

## French Club

## Future Problem Solving.

## Gay-Straight Alliance

## German Club

## HOSA (Future Health Professionals)

## Journalism

Asst .....

## Knight Life

## Knights of Excellence

## Knowledge Master

## Mentors

## Mock Trials

## Model U.N.

## Mu Alpha Theta

## National Honor Society

Junior .....

Senior/Soph .....

## Newspaper

## Pep Club (Norm the Knight)

## Recycling Club

## Robotics

## Scholar Bowl

## Science Club

## Sign Language

## Spanish Club

## Speech & Debate

Asst .....

## Sports Management Team

## Student Council

## Teens Advocating Smart

Choices (T.A.S.C.)

## Technology Student Assoc (T.S.A)

## Vegetarian Club

## Volunteer Knights

## We Are All Knights

## Yearbook

## Young Democrats

## Young Republicans

## Tracy Wuertenberg

Jessica Thro

OPEN

Tammy Bollinger [tambollinger@gmail.com](mailto:tambollinger@gmail.com)

Elizabeth Telge [telge7229@gmail.com](mailto:telge7229@gmail.com)

Alicia Pavia

Rob Stegeman

Matt Banks [mabands5@gmail.com](mailto:mabands5@gmail.com)

Jennifer Crane

Greg Brown

Kristen Jobgen

Marissa Heyer

N/A

N/A

Rob Stegeman

Mike Freedline

Kristen Jobgen

Donna Malkmus

Mike Freedline, Melissa Hanrahan,

Lori Moore

Kim Sulzner

Kyle O'Keefe

Brett Bevell

Joe Brocksmith

Marissa Heyer

Mike Freedline

Marissa Heyer

Sarah White

Jenny Liberson

Jon Travis

Amy Field

Anne McPartland

Chris Dalton

Aaron Manfull

Jordyn Kiel

Aaron Manfull

Lindsey Scheller, Kristen Johnson

Jon Travis

Kristen Johnson, Kristen Jobgen,

Jordan Kiel

Randy Pierce [randebate@aol.com](mailto:randebate@aol.com)

OPEN

Patty Bartell

Angie Mason

Donna Malkmus

Aaron Manfull

Jani Wilkens, Shelly Parks

Yvonne Kehoe

Ricky Reeves/Dane Williamson

OPEN

Donna Malkmus

Tom Skinner/Dan Smith

Valerie Green

Randy Pierce [randebate@aol.com](mailto:randebate@aol.com)

OPEN

OPEN

Jani Wilkens/Shelly Parks

OPEN

Michael Green

Yvonne Kehoe

OPEN

Lisa Pentecost

Jordyn Kiel

Kim Coil

Chip Crow

**EMAIL:** [first.last@fhdschools.org](mailto:first.last@fhdschools.org) unless otherwise noted

#### **Anime Manga Club....Greg Brown**

Club members discuss aspects of individual stylized Japanese animation they enjoy, then vote on which anime to watch at future meetings. Students bring their manga to share with other members. The club also focuses on Japanese culture, specifically language, popular culture, art, food, and music. Meetings are once a month. No student costs nor class enrollment are necessary.

#### **Class Officers...Senior - Kristen Jobgen, Junior - Marissa Heyer**

The four class officers (president, vice president, secretary and treasurer) assisted by delegates and all the members of their class, plan, organize, and execute the activities for their class. Officers for all returning classes are elected in the spring of the previous year so they can attend summer meetings. Officers meet on a weekly basis with their sponsor and on an as needed basis with delegates. All of the classes design and sell class T-shirts. Seniors offer additional clothing items as well. The first major responsibility of the school year is organizing the class hallway theme decorations for Homecoming. During the remainder of the year responsibilities vary by grade level - juniors plan Prom and seniors help plan senior activities ranging from designing the graduation announcement to Senior Week.

#### **Cultural Diversity .....Kristen Jobgen**

We will meet and learn about each other's cultures including but not limited to: language, food, music, movies, customs, celebrations, and holidays. We will also talk about current events happening in different countries and service projects. All students are welcome. Listen to announcements for meeting date.

#### **D.E.C.A..... Mike Freedline, Melissa Hanrahan, Lori Moore**

DECA prepares emerging leaders and entrepreneurs in marketing, finance, hospitality, and management. DECA members participate in academic competitions, professional leadership conferences, and community projects to develop skills necessary for success in today's global industry. Members must be enrolled in a marketing class.

#### **Drama Club.....Kim Sulzner**

All students who participate in our two school plays are automatically considered Drama Club Members and begin their apprenticeship to eventually become a Masque Player. Fifteen points must be accumulated. JV, Varsity Letters and bars can be attained through participation in Drama Club. There is an award banquet near the end of each school year. Meetings consist of rehearsals and performances, so they vary. Contact Mrs. Sulzner in Room 57 for additional info.

#### **Ecology Club.....Joe Brocksmith**

Ecology Club is open to any student interested to learn about, study and improve their environment. Although many activities are extensions of the Environmental Studies class, all students are welcome. Students will participate in the MO. Stream Team program and Storm Drain stenciling. Stream monitoring takes place one Sun. each month during the school year. Meetings are held in room 120 to plan and train students in the techniques they will be using in the field.

#### **Fashion Club.....Marissa Heyer**

Fashion Club will meet once a month and participate in creative activities, share ideas, learn new things and explore interests in the Fashion Industry. Any student enrolled in Fashion courses, or interested in fashion should join.

#### **FBLA.....Mike Freedline**

Future Business Leaders of America develops business leadership and an understanding of American Business Enterprise. FBLA helps members establish career goals, encourages scholarship, and develops character and self-confidence. FBLA also promotes efficient financial management. Our goals are accomplished through business field trips, management of fundraisers, academic business contests (competitions), professional dress, professional meetings, business projects, charitable projects, and many other activities. Members must currently be in a business class.

#### **FCA.....Sarah White**

Fellowship of Christian Athletes: The purpose of our group is to bring together athletes and activities participants to talk about their concerns, doubts, and faith. Teammates share a commitment to seeking answers about their faith around the common bond of athletes.

#### **FCCLA.....Marissa Heyer**

"Family, Career, and Community Leaders of America" will be participating in activities such as visiting childrens' hospitals, the Humane Society and elderly care homes. In addition they will be exploring careers related to family and community life, how to integrate family with the community. We will also be involved in various fundraising activities, community service projects and school projects focused on topics related to the FACS (Family and Consumer Sciences). We will have a general meeting on Tues. once a month in Rm O2. Each member

will be expected to serve on a team within the group to help plan special activities. Projects and activities are up to the members. This is your chance to make a difference and have your ideas heard.

#### **Future Problem Solving.....Jon Travis**

Involves analyzing problems and designing possible solutions for these problems. Club members meet frequently before school and some additional evening meetings are necessary. No student costs are necessary for this club.

#### **GSA....Amy Fields**

Gay Straight Alliance is a forum to share ideas with Gay and Straight students. GSA is a club to promote understanding and acceptance of all students, including those who are LGBT (Lesbian, Gay, Bisexual, and Transgender). The students fundraise, work on an annual assembly, and run the Day of Silence every year. Meetings are every other Thursday at 2:30pm.

#### **Knight Life....Aaron Manfull**

Knight Life is the student produced video program at Francis Howell North, often referred to as FHNToday TV. Students help to produce and edit the podcast as well as videos for FHNToday.com and work in conjunction with the newspaper and yearbook. The show can be found on Youtube at <http://www.youtube.com/fhntoday> and all videos can be found on FHNToday.com.

#### **Knights of Excellence.... Lindsey Scheller, Kristen Johnson**

The Knights of Excellence Renaissance Program recognizes and rewards students for their academic achievement with many activities throughout the year. These activities include the Student of the Week program, Senior 4.0 luncheon, Knights of the Round Table induction ceremony, Gold Notes program, and the spring honors picnic. KOE also recognizes teachers for National Education Week, teacher of the year and faculty birthdays. Members help in the planning and implementation of these events.

#### **Knight Mentoring Program.....Kristen Johnson, Kristen Jobgen, Jordan Kiel**

Students who are going to be juniors or seniors can apply for this year long program. The main component of this program involves your mentor group meeting with 9th grade students during their homeroom time approximately once per month. Throughout the year you will lead them in fun group activities that are designed to make them more successful at transitioning into high school and act as an upper classman they can trust to ask questions they might have about FHN and high school in general. We are also involved with the Freshmen Transition Day and Freshmen Schedule Pick-up before school in August. Monthly meetings are held during homeroom time to prepare for the upcoming homeroom sessions. As a member of this program you are given privileges such as preferred parking, free admission to on campus sporting events, and admittance to Knights of Excellence picnic. Every member receives a free t-shirt and a medallion that can be worn at graduation. If you are interested in giving back to your school, helping other students, and building your college resume, this is the program for you.

#### **Mock Trials.....Randy Pierce**

The mock trial team offers students a chance to experience our legal system 'up close and personal'. Using materials supplied by the Bar Association of Metropolitan St. Louis, and being coached by practicing attorneys, team members learn to portray witnesses and lawyers while trying a civil or criminal case in actual courtrooms. Any student who enjoys acting, public speaking, or debate will appreciate the chance for intellectual competition with other area high school mock trial teams. Practices (one or two evenings a week in the Learning Commons) start in October, with trials being held in January and February. For more information, contact coach Randy Pierce at [randebate@aol.com](mailto:randebate@aol.com)."

#### **Mu Alpha Theta....Patty Bartell**

Mu Alpha Theta is a nationally recognized math honors society. Membership signifies above average completion of college preparatory mathematics. To be eligible, you must have concluded 5 semesters of Algebra 1, Geometry and Algebra 2 or higher, have a **GPA of 3.0 in your math classes** (including Algebra 1 even if taken in 8<sup>th</sup> grade), and pay the induction fee. To qualify for a math department chord to be worn at graduation, you must be a member of Mu Alpha Theta and have a **GPA of 3.5 in your math classes**, which signifies college preparatory mathematics was completed with distinction. Eligibility will be determined at the end of semester 1 with chords presented during senior awards night in May.

**National Honor Society .....Donna Malkmus, Angie Mason**

Membership is based on character, scholarship, leadership, and service. Members are elected into NHS by a faculty council and must maintain a cumulative 3.75 GPA. Members perform various community and school service hours to earn enough service points to be awarded honor cords worn at graduation. Members who fall below a 3.75 cumulative GPA are given one semester to raise their GPA or face dismissal from the organization. Suspensions from school and other behaviors deemed contrary to the principles of NHS will also lead to dismissal. Demonstration of leadership qualities and sound character are expected of all NHS members. Scholarships may be available. Meetings are held on Fridays before school. Members pay \$20 dues each school year.

**Newspaper..... Aaron Manfull**

Newspaper is a co-curricular class that is in charge of producing FHN's award winning newspaper, the North Star. Students meet daily as a class and often spend time before and after school working on the newspaper. The publication is entirely comprised of student work from the advertising and writing to the photography and design. Staff members attend the national high school journalism convention each year. For more information see Mr. Manfull. Website: <http://FHNtoday.com> You can see copies of the North Star at FHNtoday.com and at <http://issuu.com/fhnpublications>.

**Scholar Quiz.....**

Scholar Quiz is a fast pace sport similar to Jeopardy. Like Jeopardy, we have new high-tech equipment. In competitions against other schools, we answer questions about random bits of trivia. People join because we make rivals with other schools and it is a fun way to challenge your mid. Students can receive a letter or pin for being an active member. Practices are held on Monday and Wednesday after school until 3:30. Competitions are on Tuesday, Thursday and occasionally Saturdays. Come join our team!

**Recycling Club....Yvonne Kehoe**

We only have ONE planet, and it is our duty to take care of it. Just like manners, recycling starts at home [FHN that is]. Come join students to help reduce FHN's carbon footprint and be responsible stewards of the Earth.

**Robotics-.....Ricky Reeves, Dane Williamson**

The Robotic Assisted Vehicle Engineered @ North, or team R.A.V.E.N., meets once a week 1<sup>st</sup> semester and is open to all students in the district. The club competes with an organization called "FIRST" (Foundation for Inspiration & Recognition of Science & Technology). The FIRST program delivers 85 lbs of gears, pumps, sensors, controls, motors, pistons, computers, remote controls, batteries and wheels to the high school teams in early January, along with the rules for a game that has been secret until then. The team must analyze the game, design and build a robot to play it. The robot must fit in a small box to start the game, and weigh less than 130 lbs. It must be completed in 6 wks. There are programmed and remote controlled portions to the game. The robot is then shipped to the regional competition venue. In addition to the technology of the game, a spirit of gracious professionalism is a key component of the program. Competing as a member of a three team coalition in the final tournament also builds a culture of working together and learning from each other.

**Science Club.....Donna Malkmus**

The purpose is to promote scholarship in, enjoyment and competition in the fields of science. Our members take trips to the Science Center, help sponsor campus clean ups, organize mole day, have ice cream socials and promote various competitions such as Science Olympiad and the SEMO Chemistry Bowl Competition.

**Sign Language.....Tom Skinner/Dan Smith**

This is a group who meets bi-monthly to learn sign language and about Deaf culture. We promote the use of sign language to communicate through different activities and socialization between students that can hear and the Deaf and Hard of Hearing students.

**Speech and Debate.....Randy Pierce**

The speech team competes in public speaking, acting and debate throughout the St Louis area from October through March. State and Nationals follow the regular season. Interested students may join at any time by seeing Mrs. Sanders-Horner in room 171. The team generally practices after school on Tues. and Thu. Meets are on Fridays and Saturdays.

**Student Council.....Jani Wilkens, Shelly Parks**

Stuco is FHN's true representative voice of the student body. This organization is completely student run. Representatives are chosen out of homerooms as well as by application. Students attend monthly whole council meetings that take place in the auditorium as well as committee meetings that take place before and after school. You will have the chance to keep your homeroom informed about school events and policies. We are in charge of running events like Homecoming, Snowcoming (winter dance), pep assemblies, Mock Rock, Mr. FHN, and many others! If you want the chance to be a leader in the school, to develop school spirit, and to make FHN an awesome place to be, Stuco is for you. Each year, we also offer active graduating seniors scholarships for college. Have a voice in your school: join Stuco!

**T.A.S.C.....OPEN**

"Teens Advocating Smart Choices" is an organization that focuses on informing teens of the consequences of their actions and how to be more responsible when it comes to making decisions. Our focus is on seatbelt use, safe driving habits, alcohol and drug use, etc. We will be having an informational meeting the second or third week of school for any new members who may want to join.

**Vegetarian Club....Yvonne Kehoe**

Feel like you are the only Herbivore at FHN? Well, you're not. Join other students as they discuss and explore a healthy, dietary cuisine without meat. Topics range from how to get sufficient protein to sharing new and delicious recipes with each other.

**Volunteer Knights.....OPEN**

This organization encourages student volunteering and community involvement as it serves individuals, institutions, and agencies in need of assistance. Members must attend 4 meetings a year, perform 4 hours of individual volunteer service, and participate in one group project a year. Dues are \$4. Meetings are held the 3<sup>rd</sup> Tues. of the month at 7am in the auditorium.

**We Are All Knights.....Lisa Pentecost**

This is a club that promotes awareness of persons with disabilities and their participation in the school setting. It is an opportunity to create friendships with students with and without disabilities through meetings and activities both in school and in the community.

**World Language Clubs... French- Jenny Liberson, German – Anne McPartland, Spanish – Valerie Green**

These three groups work to encourage students to explore and celebrate the cultural aspects of the languages taught at North as well as support the understanding and sharing of all the cultures represented by members of our community. The groups work together to sponsor various social events of the entire school community as well as gatherings with guest speakers and opportunities for exchanging experiences and opinions. We also celebrate holidays unique to each language such as Cinco de Mayo, Mardi Gras and Saint Nikolaus Day. We are committed to enhancing language learning and fostering friendship between all cultures in our #FHNCommunity.

**Yearbook.....Jordyn Kiel**

Yearbook is a co-curricular class that is in charge of producing FHN's award-winning yearbook, the Excalibur. Students meet daily as a class and often times spend time before and after school working on the publication. The publication is entirely comprised of student work from the advertising and writing to the photography and design. Members attend the Nat'l High School Journalism Convention each year. For more information, check out the FHN Student Publication web site at: <http://FHNtoday.com>

**Young Democrats..... Kim Coil****Young Republicans.... Chip Crow**

Club for students who enjoy discussing party politics, candidates, and political participation.